

Granite Ridge Conference Cross Country Meet

October 15, 2024

Host: Pequot Lakes

Teams: Albany, Cathedral, Foley, Little Falls, Milaca, Pequot Lakes, Pierz

Location: Whitefish Golf Club, 7883 Co Rd 16, Pequot Lakes, MN 56472

Time Schedule/Awards:

3:30 MS Girls Ribbons 1-15 (at finish)

3:50 MS Boys Ribbons 1-15 (at the finish)

4:10 Varsity Girls All-Conf. 1-15, Honorable Mention 16-20

4:35 Varsity Boys All-Conf. 1-15, Honorable Mention 16-20

*Medals 1-15, Certificates HM (Get from your AD)

*1st Place Trophies (last year's champs bring-Cathedral)

5:00 JV Girls Ribbons 1-15 (at finish)

5:25 JV Boys Ribbons 1-15 (at the finish)

6:00 Awards - Right behind the finish area. Varsity awards only.

Entries: Enter your teams here: athletic.net

Registration Fee: Please send a **check for \$150** made payable to Pequot Lakes High School to:
Pequot Lakes High School
Bill Magnuson
30805 Olson St.
Pequot Lakes, MN 56472

Rules Committee: Milaca (last year), Pequot Lakes (Now), Pierz(next year)

Reminder: You may run eight varsity runners - must designate 8th runner before the meet.

Questions: Bill Magnuson - Pequot Lakes AD - bmagnuson@isd186.org 320-224-4494

- Lane Assignments- 1 - Little Falls 2 - Milaca 3 - Pierz 4 - Cathedral 5 - Albany 6 - Foley 7 - Pequot Lakes