



## **2024 Royalton Invitational Cross Country Meet**

**Welcome! We are glad you are coming.**

**When:** Tuesday, October 8th, starting at 4:15 PM.

**Where:** Royalton High School  
120 South Hawthorn Street  
Royalton, MN 56373

### **Lanes and Teams:**

- |                              |                                      |                           |
|------------------------------|--------------------------------------|---------------------------|
| (1) East Central             | (2) Mille Lacs                       | (3) Hinckley-Finlayson    |
| (4) Braham                   | (5) Maple Lake                       | (6) Osakis                |
| (7) Rush City                | (8) Royalton                         | (9) St. Cloud Christian   |
| (10) Pillager                | (11) ACGC                            | (12) Pequot Lakes-JH Only |
| (13) Staples-Motley- JH Only | (14) Lakes Region Christian- JH only |                           |

### **Meet Schedule:**

- 4:00 PM- Short Coaches Meeting for announcements or questions.
- 4:15 PM- JR High Girls & Boys (together)
- 4:45 PM- Boys Varsity and Junior Varsity
- 5:15 PM- Girls Varsity and Junior Varsity
- 6:00 PM- Awards Ceremony outside by 3rd base dugout

### **Awards:**

1. Medals for the top 10 finishers in each race
2. Team trophy for varsity champion

### **Scoring-**

*Coaches-* Gopher State Events will be scoring again this year. Gopher State Events will email out information about team registration.

1. Please click the link below to submit your line-up.
  - You may make a limited number of changes to your line-up on-site, but please keep this to a minimum.

<https://www.gsetiming.com/misc/login.asp>

Each competitor will get a number in your coach's packet. Please bring your own safety pins.

### **Other Info:**

1. The course is located on the Royalton High School grounds.
2. In the JV/Varsity races, the faster runners tend to lap the slower ones. Please help keep track of your runners to ensure they run the whole race.
3. The orange/yellow cones and caution tape indicate NOT to take that path. There will be volunteers at the major turns in the woods.
4. There is a spectator/coach (rocks) path. We don't want to hinder the runners coming down the path. Please tell your athletes and fans.
5. PortaPotties are available at the South end of the Football Field.
6. Team camps can be on the baseball outfield. Please keep your athletes off the in-field of the baseball field.
7. Buses drop off teams along Hawthorn St. Busses then must park to the south by the softball fields. Please see the map on the second page.

8. The award ceremony will be **outside** by the 3rd base dugout
9. If you have any questions or concerns, please call or email
  - a. Head Coach Michael Marschel [michael.marschel@isd485.org](mailto:michael.marschel@isd485.org) or
  - b. AD Kaitlyn Arnzen [kaitlyn.arnzen@isd485.org](mailto:kaitlyn.arnzen@isd485.org); 320-584-4257(School).
10. ENTRY FEE is \$125 for both boys and girls teams.

