Glenn Moerke Invitational (Pelican Rapids) Thursday, September 26th, 2024

<u>Location:</u> Birchwood Golf Course, 1 mile North of Pelican Rapids on Hwy 9.

Registration, Timing and Scoring: This season, Gopher State Events (GSE) has been hired to handle meet registration, timing and scoring. As per the request of GSE, approximately two weeks prior to the Glenn Moerke Invitational please send an email to bob.schneider@gopherstateevents.com simply stating your school's name and the gender(s) that you coach. This will ensure that your team has been programmed in the system and GSE has your correct email address on file. Shortly thereafter, you will receive an email from GSE with specific instructions detailing registration procedures.

Meet Schedule:

4:00 p.m.	Elementary Fun Run – Grades 3-6	1 mile
4:15 p.m.	Coaches meeting at finish line area	
4:30 p.m.	Junior High Girls and Boys (7 th /8 th grade)	3200 meters
5:00 p.m.	Varsity Girls/JV Girls	5000 meters
5:35 p.m.	Varsity Boys/JV Boys	5000 meters
6:10 p.m.	Awards Ceremony – finish line area	
Awards:	Varsity – Team Champions: Medals	
	Individuals – T-shirts to top 10 places	
	Junior Varsity – Individuals: Medals to top 10 places	
	Junior High - Individuals: Medals to top 10 places	

Entry Fee: The entry fee for the event is \$150.00 per team (\$75.00 per Boys Team / \$75.00 per Girls Team). Make checks payable to Pelican Rapids High School (ISD 548).

Please mail prior to the meet to the following address:

Pelican Rapids High School

Attn: Derrick Nelson, A.D.

PO Box 642

Pelican Rapids, MN 56572

<u>Invited Teams:</u> Pelican Rapids, Park Rapids, Dilworth-Glyndon-Felton, New York Mills, Verndale, Barnesville.

<u>Team Envelopes and Lane Assignments</u>: Upon your arrival, please register at the scorer's table (finish line area) to obtain your packet and last-minute instructions. Lane assignments will be available in your meet packet and bibs/chips for registered runners will be placed in your team envelope.

Results: Results will be posted on https://gsetiming.com/

Team and individual results will be announced at the awards ceremony at the conclusion of the meet.

Parking: Please park buses on the road south of the golf course.

<u>Course Flags and Markers</u>: The 5000-meter and 3200-meter courses will be marked with white paint throughout. 1-mile and 2-mile markers will be readily visible on the 5000-meter course. The standard flag system per the cross country rule book will also be in place. (Red: left turn; Yellow: right turn). However, orange cones will be used to indicate straight or no turn.

Elementary Fun Run: you are encouraged to bring any runners interested in participating in this event.

If you have any questions, please feel free to contact me. We look forward to seeing all of you at our meet.

Steve Maresh Head Boys Cross Country Coach 218-863-5910 ext. 4389 smaresh@pelicanrapids.k12.mn.us