



SECTION 7A CROSS COUNTRY CHAMPIONSHIPS

EAGLE RIDGE GOLF COURSE - COLERAINE, MN
OCTOBER 24, 2024

On behalf of the contending schools, Greenway/Nashwauk-Keewatin as host schools, and myself as meet director, ***THANK YOU*** for agreeing to be a meet worker at the Section 7A Cross Country Meet!!!

Parking/Arrival:

Meet workers will be able to park in the main lot at Eagle Ridge. Our parking lot attendant/security worker, Dusty Ross, will have a list of meet officials and allow you to park in the lot.

Attire:

We will provide you a long-sleeved T-shirt to identify you as a meet official.

Order of Events:

Starters/Clerks/Timing Officials Meeting	10:15 AM	Clubhouse
ALL Meet Workers/Officials Meeting	10:45 AM	Clubhouse
Coaches Meeting	11:20 AM	Clubhouse
National Anthem	11:50 AM	
7A Boys Championship	12:00 PM	
7A Girls Championship	12:50 PM	
Awards Ceremony	ASAP Following	- Near Clubhouse

Contending Schools & Lane Assignment(s):

Ely-1, Moose Lake/Willow River/Barnum-2, Carlton-Wrenshall-3, South Ridge-4, International Falls-5, Chisholm-6, Crosby-Ironton-7, Stella Maris Academy-8, Pine River/Backus-9, Deer River/Northland/Hill City-10, Greenway/NK-11, Cromwell-Wright/Floodwood-12, Mountain Iron/Buhl-13, Esko-14, Duluth Marshall-15, McGregor-16, Lakeview Christian-17, Mesabi East-18, North Shore-19

Games Committee: Chris Lysaker, Lori Ekman, Anne Campbell, Travis Vake, Will Floersheim

Protocols for Race Check-Ins, Warmups, Etc.:

Numerous announcements will be made, but the most significant include:

20 Minutes before start: All runners report to the Clerk of Course for uniform checks/rules compliance

5 Minutes before start: All non-competitors (coaches, alternates) leave the starting area

1 Minute before start: No further runouts allowed - Final directions from Meet Starter

Race/Meet Day Responsibilities

All officials have roles assigned on the reverse side of this page. Specific responsibilities, locations on the course, etc. will be covered during a meeting on Thursday AM. If you have a golf cart you use to get to your location, please make sure it is parked well off of the racecourse.

Awards

We would appreciate being able to recognize all of our meet workers quickly at the outset of our awards ceremony. Please report to the area near the Clubhouse & putting green as soon as possible.



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Supporters, Boosters, and Volunteers

Special Thanks to Meet Supporters, including:

Eagle Ridge Golf Course (Mr. Gordy Skaar, Mr. Adam Johnson, Mr. Kurt Johnson), Palmer Bus Service, Super One Foods, Caribou Coffee, Northland Portables, Gopher State Events, Hurlbut-Ziemer American Legion Post 476

Special Thanks to meet workers, including:

Section Meet Worker(s)	Assignment
Mrs. Jeri Peterson	Registration Table/Coach Info/Hospitality
Mr. Chris Lysaker	Meet Starter/Referee
Mrs. Lori Ekman	Assistant Starter/Referee
Mr. Bob Schneider	Gopher State Events (Timing Company)
Mr. Dusty Ross	Parking Lot Attendant/Course Security
Mr. Dave Johnson	Lead Cart Driver
Ms. Cassie Thuen	Greenway HS Band Director (National Anthem)
Mr. Ben Kemper	Athletic Trainer
Mr. Scott Peterson	Sweep Cart Driver
Mr. Dan Persons	Mile & Two Mile Split Clock/Reader
Ms. Anne Campbell Mr. Travis Vake	Uniform/Rules Check & Clerks at Start
Mr. John Peterson Mrs. Carol Peterson Mr. Pat Guyer Mrs. Jeri Peterson Mr. Paul Koplitz Mr. Bob Dezelske Mrs. Mary Lou Dezelske	Course Official(s)
Mrs. Kacey Olson Ms. Karly Mann	Finish Line Timing Company Assistant(s)
Mr. Mike Olson Mr. Nick Rothstein	Finish Line Assistant(s)
Mr. Jeff Britten	Awards/Public Address
Mr. Will Floersheim	Section Meet Director