

Dear Coach/Activities Director,

The Central Lakes Conference Cross Country Meet will be held on Tuesday, October 17, 2023, at Forestview Middle School, 12149 Knollwood Dr. Baxter MN.

The schedule is as follows:

Girls Junior Varsity 3:30 p.m. 5000M

Boys Junior Varsity 4:00 p.m. 5000M

Girls Varsity 4:30 p.m. 5000M

Boys Varsity 5:00 p.m. 5000M

Girls Junior High 5:30 p.m. 3200M

Boys Junior High 5:50 p.m. 3200M

Awards: Varsity Championship Team Trophy

All Conference Awards to the top 15 varsity finishers

Honorable Mention to 16-25 varsity finishers

Plus 1 at large Honorable Mention runner per school if desired

Awards ceremony: The Awards ceremony will be on site either near the finish line or in the school cafeteria weather dependent. Varsity race awards will follow the final race. Junior Varsity and Junior High awards will be given at the finishing chute (1-25 receive ribbons).

Rosters: The race will be chip-timed this year by gse timing. You will receive an invitation from Bob at gse. Remember that you can enter up to 8 runners in the varsity races with all other races having unlimited entries.

Concessions will be available.

Packet Pick-Up will be available at the timing table on the day of the meet.

Lane Assignments:

Alexandria Lane 3

Brainerd Lane 8

Fergus Falls Lane 4

St. Cloud Tech Lane 2

Sartell Lane 5

Sauk Rapids/Rice Lane 1

St. Cloud Apollo Lane 6

ROCORI Lane 7

Willmar Lane 9

Courtesy: School gets out at Forestview at 2:45 Please have your athletes stay out of the school until after 3. Have your buses drop off athletes at the track parking lot (Gravel Lot). After unloading, buses will be directed to go to the [Southdale Soccer Field Parking Lot](#). Also, please pick up your garbage and litter throughout the meet and at the completion. Outdoor restroom facilities will also be available. An athletic trainer will be available throughout the meet and at the finish line.

Site Map:



Spectators: Do not park in the "Bus Transfer" area until after 3:30.

Rules Committee: Head Coaches from Fergus Falls, Brainerd, and the 2024 host

See you on the 17th!

Dave Herath

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