## MONTICELLO CROSS COUNTRY INVITATIONAL BERTRAM REGIONAL PARK 9:15 AM SATURDAY, SEPTEMBER 9, 2023

- Bertram Park is a course combining some open grass spaces along with wooded dirt/gravel trails and some very scenic views.
- Located West of Monticello on Hwy 39 and Briarwood Ave 9910 Briarwood Ave NE Use Briarwood entrance and NOT 90th St NE entrance
- Spectator parking will be in the first gravel lot or a field lot just down the road closer to the race start.

Race Schedule: (approx.)

6th grade race	e	2400 M	exhibition
7-8 Gr. Boys		2400 M	Ribbons 1-20
7-8 Gr. Girls		2400 M	Ribbons 1-20
JV Boys		5000 M	Medals 1-15
JV Girls		5000 M	Medals 1-15
Varsity Boys	(7)	5000 M	Prize 1 <sup>st</sup> Team,
Varsity Girls	(7)	5000 M	Medals 1-20
	7-8 Gr. Boys 7-8 Gr. Girls JV Boys JV Girls Varsity Boys	7-8 Gr. Girls JV Boys JV Girls	7-8 Gr. Boys 2400 M   7-8 Gr. Girls 2400 M   JV Boys 5000 M   JV Girls 5000 M   Varsity Boys 700 M

Awards approx. 20 min. after the conclusion of the last race.

- > An Athletic Trainer will be available
- Concessions will be available
- > Porta Potties are available, Restrooms in beach area are open
- > A swimming beach is open. Swim at your own discretion, NO lifeguard.
- Teams:Albany, Annandale, Big Lake, Hutchinson, Kaleidoscope Charter<br/>Math and Science Academy, Princeton, Rogers, S.C. Apollo<br/>S.C. Tech, Sartell, Sauk Rapids/Rice, Trinity School at River Ridge

Additional information and course maps will be available in your packet to be picked up on race day. Please direct any questions you may have to Monticello HS Athletic Office (763) 272-3103 or Dave Wik at <u>dave.wik@monticello.k12.mn.us</u>

## \*\*\* IMPORTANT - ATHLETE ENTRIES\*\*\*

The meet is being timed by Gopher State Events (gsetiming.com). **bob@gsetiming.com** will be emailing you with entry instructions. Contact him or Dave Wik if you have questions or haven't received entry instructions the week of the meet.

Sincerely,

Gail Grieme, Head Girls Coach