

Glenn Moerke Invitational (Pelican Rapids)
Thursday, September 28th, 2023

Location: Birchwood Golf Course, 1 mile North of Pelican Rapids on Hwy 9.

Registration, Timing and Scoring: This season, Gopher State Events (GSE) has been hired to handle meet registration, timing and scoring. As per the request of GSE, approximately two weeks prior to the Glenn Moerke Invitational please send an email to bob.schneider@gopherstateevents.com simply stating your school's name and the gender(s) that you coach. This will ensure that your team has been programmed in the system and GSE has your correct email address on file. Shortly thereafter, you will receive an email from GSE with specific instructions detailing registration procedures.

Meet Schedule:

4:00 p.m.	Elementary Fun Run – Grades 3-6	1 mile
4:15 p.m.	Coaches meeting at finish line area	
4:30 p.m.	Junior High Girls and Boys (7 th /8 th grade)	3200 meters
5:00 p.m.	Varsity Girls/JV Girls	5000 meters
5:35 p.m.	Varsity Boys/JV Boys	5000 meters
6:10 p.m.	Awards Ceremony – on the west side of the clubhouse	

Awards: Varsity – Team Champions: Medals
 Individuals – T-shirts to top 10 places
 Junior Varsity – Individuals: Medals to top 10 places
 Junior High - Individuals: Medals to top 10 places

Entry Fee: The entry fee for the event is \$150.00 per team (\$75.00 per Boys Team / \$75.00 per Girls Team) or \$15 per individual if you are bringing less than 5 individuals. Make checks payable to Pelican Rapids High School (ISD 548).

Please mail prior to the meet to the following address:

Pelican Rapids High School
Attn: Derrick Nelson, A.D
PO Box 642
Pelican Rapids, MN 56572

Invited Teams: Pelican Rapids, New York Mills, Verndale, Circle of Nations.

Team Envelopes and Lane Assignments: Upon your arrival, please register at the scorer's table (finish line area) to obtain your packet and last-minute instructions. Lane assignments will be available in your meet packet and bibs/chips for registered runners will be placed in your team envelope.

Results: Results will be posted shortly after each race. Team and individual results will be announced at the awards ceremony at the conclusion of the meet. Copies of meet results will be available for coaches at the awards ceremony and on gopherstateevents.com.

Parking: Please park buses on the road south of the golf course.

Course Flags and Markers: The 5000-meter and 3200-meter courses will be marked with white paint throughout. 1-mile and 2-mile markers will be readily visible on the 5000-meter course. The standard flag system per the cross country rule book will also be in place. (Red: left turn; Yellow: right turn). However, orange cones will be used to indicate straight or no turn.

Elementary Fun Run: you are encouraged to bring any runners interested in participating in this event.

If you have any questions, please feel free to contact me. We look forward to seeing all of you at our meet.

Steve Maresh
Head Boys Cross Country Coach
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