

2023 Litchfield Cross Country Invitational

The Litchfield Invite will be held on **Thursday, October 5, 2023** at the Litchfield Golf Course (Take Hwy 22 north/south and turn west on Pleasure Drive at Lake Ripley Elementary School)

Coaches: you will be receiving roster upload instructions from Bob Schneider with a secure login. Email: bob@gsetiming.com

- Concession stand will be available
- Course will be the usual route, map is attached.

Time Schedule:

4:00	MS Boys	2500 Meters	1-20 Ribbons
4:02	MS Girls	2500 Meters	1-20 Ribbons
4:30	Boys Varsity	5000 Meters	1-15 Medals
5:00	Girls Varsity	5000 Meters	1-15 Medals
5:30	JV Boys	5000 Meters	1-20 Ribbons
5:32	JV Girls	5000 Meters	1-20 Ribbons
6:00	Grades K-6 kids fun run	1500 Meters	1-?? Ribbons

Boys and Girls varsity team- 1st place trophy
Awards Ceremony following the kids fun run

Entry Fee: \$125—Payable to Litchfield High School. You can mail or bring the day of the meet. Thank you!

Schools Participating in the meet (Lane assignments included)

Annandale 3	Dassel-Cokato 5	GSL 11
Benilde-St. Margaret 14	Litchfield 15	Hutchinson 16
Breck 6	EVW-K 9	Maple Lake 12
Mayer Lutheran/LP 17	Orono 4	St. Cloud Christian 1
Rockford 20	Delano 19	Jordan 8
Sauk Rapids Rice 13	Waconia 2	NLS 18
Southwest Christian 7	HLWW 10	

Questions: jdengerud@isd465.org or Bob Schneider

Julie Dengerud
Boys and Girls Head CC Coach
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